

LAYERED AMBROSIA YOGURT & MARSHMALLOW SALAD

INGREDIENTS

- 1 can Mandarin oranges in light syrup (11 oz.) (drained)
- 2 C Pineapple (chunks)
- 1 1/2 C Cherries (Bing) (pitted) (Quartered) OR r red seedless grapes (halved)
- 1 C Yogurt (low-fat coconut yogurt)
- 1 C Marshmallows (mini)



DIRECTIONS

- 1 In a medium-large bowl toss together the fruit.
- 2 Arrange 1/3 of fruit mix in a 4 C plastic container & top with 1/2 of the yogurt, smoothing it into an even layer
- 3 Add 1/2 the remaining fruit mix & top with remaining yogurt, smoothing it into an even layer
- 4 Add remaining fruit
- 5 Cover & chill for several hours or overnight
- 6 Before serving, garnish with the marshmallows

NOTES

Serves 4 - 6

